

Jennifer is the founder and CEO of Inward Bound Equine Assisted Learning Center, is EAGALA certified and has earned her Master's degree in Human Resource Management. As a Certified Life Coach, her unique approach to clients combines a lifetime of equestrian experience with several years of military service in the medical field, and over a decade of field and corporate level human resources leadership to offer respectful, honest and immediately effective life coaching. She has successfully coached countless others during the stressful times of change and transition. Her clients range from those in a Fortune 100 company, to couples who want to redesign their relationships, and teens struggling to discover who they want to become. She has designed and heads up the Life Nav program, a military specific program to coach our troops through the difficult life and career transitions that they face every day. Whether it be working in the trenches with her military clients, coaching an executive to perform at the next level, or leading team building events, Jennifer's passion and professionalism helps to create life changing experiences.

One of Jennifer's favorite coaching tools is equine assisted learning, in which she unites people and horses in exercises that amplify and expose the impact of the every day human experience. Jennifer has a keen ability to help her clients apply this experiential learning to life outside of the equine arena which provides those wonderful "ah-hah" moments! In addition to equine assisted coaching, Jennifer also provides military transition assistance, human resource consulting, work style and personality assessments as well as couples and team coaching.

Jennifer's clients can expect immediate improvement in their life focus and action plan to achieve their desires. Contact Jennifer today for a free initial consultation!