

Learning to Focus Energy

This 4 week program is designed to show young adults and children the power of focus and intention within everyone. Groups are formed each month and cater to the needs of the participants. These are co-ed classes that meet once a week for 1 1/2 hours. Every class includes non-mounted interaction with horses to facilitate the learning process. There will be no more than 8 participants in each group. An example of some learning objectives participants will achieve include:

- Moving a 1300 pound horse with the touch of one finger
- Influencing the direction of a horse's movement
- Corralling personal energy to influence others
- Understanding the benefits of each member on a team
- Reaping the rewards of endurance when doing the right thing
- And More!

Price: \$400